

# SUCCESS STORY

The Rehabilitation Center

Anderson Hospital

## Michelle Hoover

**Admitting Diagnosis:** Stroke

**Admission Date:** 11-16-2018

**Discharge Date:** 11-30-2018

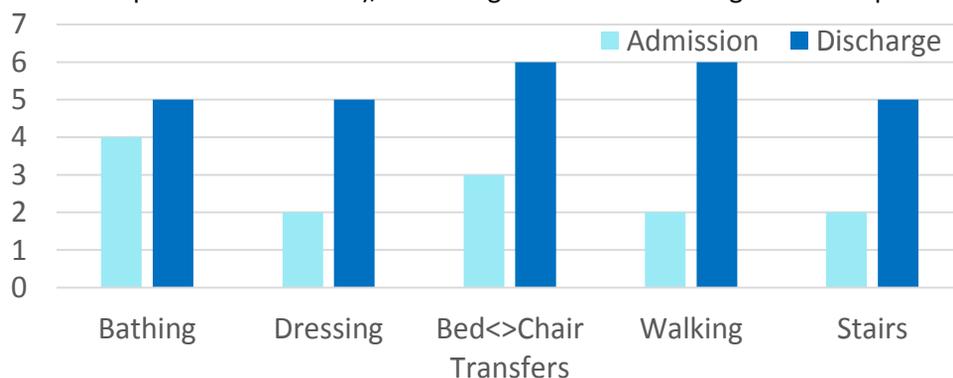
**Discharge Location:** Home



"I came here after a stroke. My care was great from the start. There's not enough positive words to describe my experience here. Everyone was very professional, personable, compassionate, and kind. They were thorough, informative, and responsive. They took their time and were very patient with me. They were wonderful about involving my husband in the therapy sessions, and working around his work schedule to make things easier for us. I even got to go out on a 4-hour pass to enjoy Thanksgiving with my family," Michelle explained. "The past few days, I've been on the Independent Living Program (where a patient can function independently in their room and move about the unit as they please), which has been a nice step towards going home. Group sessions closed the gap, too, really focusing on home safety," Michelle said. "This team has been instrumental in connecting me with resources outside of the hospital and bridging the gap to other community services, such as Hanger Orthotics for a brace, outpatient therapy, HumanArc for insurance help, and a loan closet for the cane I need. They have taken tremendous pressure off of me and eased my mind. Now, I feel stronger and more prepared to take on day-to-day life with my condition. This program is very regimented and really well put together, from the beginning to the end. To anyone considering whether they should come to Anderson for rehab, I would say invest in yourself. Invest in your body, invest in your life, do the work, and set your mind right so you can be successful and recover quickly."

## Outcomes

Michelle discharged home after a 14-day rehab stay. She progressed from requiring moderate assistance (50-75%) to get into a chair to being independent. She went from requiring moderate to maximum assistance with bathing and dressing to requiring <10% of help. She went from walking 110' with moderate assistance to walking independently with a cane all around the unit. The following reflect Michelle's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



**For more information or to request a patient assessment, contact our admissions team:**

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